

From the Park to the Bay,
a Hometown Adventure for the Whole Family!

Get Out & Play Day

YOUR COUCH JUST MET ITS MATCH!

SAT., JULY 26, 2014

EXPLORE EUREKA'S HOMETOWN ADVENTURE SERIES

Begin the journey of a lifetime with our new Hometown Adventure Series. Pick up your free copy of the *Hometown Adventure Guide* at any "Get Out & Play Day" activity or event.

SEQUOIA PARK

3rd Annual Zumba in the Park—FREE

Come Party with us as we bring the Latin dance and fitness craze to the Redwoods. Ditch the Work out & join the party at the 3rd annual Zumba in the Park.

Rockin' in the Redwoods—FREE

Get your groove on and let the redwood forest serve as the dance floor as you rock out to the sounds of Taxi, Humboldt County's Best Dance Band, in a unique outdoor concert experience!

SEQUOIA PARK ZOO

Kids FREE Day @ Sequoia Park Zoo

Experience the beauty found alongside the 1.5 mile Hikshari Trail. Kids get in free on this day of play! A great opportunity to visit the new Watershed Heroes Exhibit!

HIKSHARI' TRAIL

Interpretive Walk for All Ages—FREE

Experience the beauty found alongside the 1.5 mile Hikshari Trail. This fun & informative guided tour will include information and discussion on the migrant & vagrant bird species, Wiyot Village life and much more!

COOPER GULCH

4th Annual Kicks & Tricks SK8 Fest—\$5 Competition Entry Fee

It's bound to be an action packed day at the Eureka Skate Park, as youth ages 5-17 compete for prizes in our annual youth skateboard competition. This family-friendly event will also feature professional skate demos, live music & food!

ADORNI FITNESS CENTER

Let's Get it Started! Fitness Showcase—FREE

Want to jump start your way to a healthier lifestyle? What are you waiting for...let's get it started!! Check out all of the fun & exciting classes the Adorni Fitness Center has to offer! Showcasing Zumba, Yoga, Sweat it Out, and Cardio/Circuit training.

Wine Down at the Adorni After Party—21 & Older, \$10 at the Door

After an exciting day of play, explore what Eureka has to offer at the Wine Down at the Adorni After Party. This event will feature local wineries, food, music and a door prize. Want to wine down but can't find a sitter for the little ones? Check out our Parent's Night Out program for ages 5-12 taking place at the Eureka Municipal Auditorium.

EUREKA MUNICIPAL AUDITORIUM

Party-On-Wheels: Parents Night Out Event

\$20/child & \$15/sibling

Pre-Registration Required

Parent's get your chance to keep playing, while knowing that your kids are in a safe, supervised and fun activity!

KENNEDY / HARTMAN FIELDS

4th Annual Redwood Coast Grand Slam Tournament—\$125/team

Pre-Registration Required

Root, root, root for the home team, or step up to the plate yourself in our 4th Annual Redwood Coast Grand Slam Softball Tournament! The top three teams will receive a hand crafted red wood tree trophy.

Home Plate Snack Shack Grand Re-Opening Ceremony

Join us to celebrate the return of a softball game must: The Snack shack! Delicious goodies will be available for purchase in the newly re-modeled and renamed Home Plate Café!

EUREKA WATERFRONT

Kids FREE Day on the Madaket

Step aboard and learn the history of Humboldt Bay and Eureka's waterfront during a 75-minute narrated cruise traveling along the shores of the bay! Kids ride free on this local icon for this special day of play!

Kayak Demonstrations Courtesy of Humboldt Bay

Aquatics Center—\$10/person

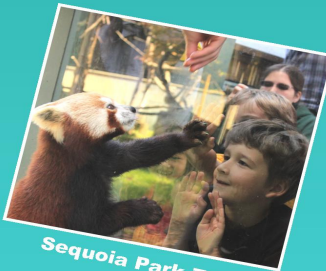
Enjoy a leisurely kayak experience on the Bay. You may get wet so dress accordingly. Equipment needed is included in the per person fee. Ages 6 & up.

EUREKA POLICE DEPARTMENT & HUMBOLDT BAY FIRE

Stay tuned! To be announced



Swinging at the Park



Sequoia Park Zoo



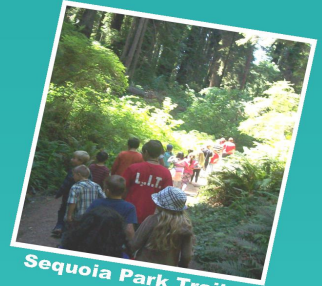
Kayak on the Bay



Softball at Kennedy Field



Zumba in the Park



Sequoia Park Trails



Kicks & Tricks Sk8 Fest



Cruise Humboldt Bay on the Madaket



Wine Down at the Adorni After Party



Hikshari' Trail